

# Almost Athletes Membership 2010

Title: ... First Name:..... Familiar name (if different): .....Surname: .....

Address: .....

.....Male/Female: .....

Post Code: ..... Date of Birth: .....

Telephone Number (Home): ..... (Mobile): .....

E-mail address: .....

Please tick one of the following:

Competitive membership (if you are likely to take part in races)

Social membership (if you are not likely to take part in races)

Second claim membership (first claim with another club)

EA membership number (Competitive member renewal only) .....

Where did you hear about the club?

Word of mouth / web site / Other (please state) .....

***If any personal details change, we would be grateful if you could inform Claire. Thank you.***

Please make your cheque payable for £10 (£5 if after October 1<sup>st</sup>) to Almost Athletes and return to:

Claire Cook  
Membership Secretary  
Barnside  
Tredington  
Tewkesbury  
GL20 7BP

Alternatively, hand your membership form and cash/cheque to any of the committee.

I understand that running can be a strenuous activity, and that I should not participate unless I am physically able to do so. I accept all risks associated with running, including, but not limited to: the effects of the weather, traffic, road or terrain conditions. I hereby waive and release the Almost Athletes Running Club from all claims and liabilities of any kind arising from my participation within the club.

Signed: .....

Today's Date: .....

M/L	E/L	MC/I	RG
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